

DEAR FRIENDS

We are please to send you the **front page** of VIET-CHI Post, No 06 – August 01, 2008

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**Vol. 08, No. 06**

**EVERY FRIDAY**

**VIET-CHI POST**

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**BE STRONG**

**BE HELPFUL**

**BE HAPPY**

**Friday/01 AUGUST 2008 NO 06**

# The VIET-CHI Post

**Vietnamese Martial Arts and Culture web posting for internal communication.**

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**LA THU PHAN-HOANG LETTER**

Please *open the attachment or visit our web sites* to see in this issue:

**NO 06, 01 AUGUST 2008:**

## SPECIAL VACATIONS

- **WHY IS THAT? -THE ART OF PEACE SWORD CHI-KIEM.** (from Master Phan-Hoang)

- **VACATIONS: OFIR BEACH,** a paradise we've found

**PICTURES: CHI-KIEM, PEACE SWORD STAGES**

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**QUOTATION: "A successful man is one who can lay a firm foundation with the bricks that others throw at him"** David Brinkley (1920-2003)



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DO NOT MISS THE COMING ISSUE –NEXT FRIDAY - Best wishes

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## VOVIET ON TELEVISION IN PORTUGAL

SATURDAY 27 JULY 2008, 13:45 PM

**VO-VIET** (VIETVODAO INTERNATIONAL) is the Vietnamese modernized martial arts; it is founded by Master Phan-Hoang in the 1970's. Today VO-VIET is present in twenty three countries with over a thousand of Black Belts and Teachers.

**VO-VIET** is one of Eight Disciplines that Master Phan-Hoang has founded, including CHI-KIEM Peace Sword, CHI-VAT, VIETTAICHI, VIET-KHI-PHAP.

Email: [vovietblackbelt@yahoo.com](mailto:vovietblackbelt@yahoo.com)





**BE STRONG, BE HELPFUL**

**VIET-CHI POST No 6- AUGUST 01 2008 - PHOTOS**

We found a paradise for this summer: a resort hotel, four stars, beautiful beach, fabulous foods, bowling, tennis courts, swimming pools.. . All that for about 50 euros a day!



Youth hostel, camping site are also nearby. You can get there by driving from Berlin, Paris or Padova ☺ ☺. **Where is it?**

It's **Ofir Beach in Portugal** where our successful "Stages" were held.



**OFIR BEACH IS ABOUT 30 MINUTES BY CAR FROM PORTO**



**PEACE SWORD CHI-KIEM STAGE, OFIR BEACH JULY 2008**



**VIET-CHI POST No 6- AUGUST 01 2008 –  
PHOTOS CHI-KIEM Peace Sword PORTUGAL**



OFIR BEACH, PORTUGAL, July 2008  
STAGE CHI-KIEM WITH GRAND MASTER PHAN-HOANG



## VIET-CHI POST –PHOTOS CHI-KIEM IN POLAND

MAY 2008



# CHI-KIEM Peace Sword in Ottawa, Canada

Every Friday 19:30 to 21:00 at CHUA TU-AN



## VIET-CHI POST –PHOTOS CHI-KIEM MONTREAL

**CHI-KIEM  
SUMMER SESSION IN  
MONTREAL, CANADA  
2004**



**VIET-CHI POST –PHOTOS CHI-KIEM FRANCE**



## THE ART OF PEACE-SWORD “CHI-KIEM”

Master Charles Phan Hoang - August 2008

Looking at the course of History and looking around the world today, it is not hard to find that peaceful people are very often harmed by belligerent guys wanting to provoke war. War is enemy of peace, but true Peace should not have any enemy although this is quite a paradox. Therefore the best way to make peace is to change the nature of war, turn instruments of war into tools for peace, turn belligerent spirit into dynamic mind for development. It is like the best way to get rid of enemies is to make them friends. My concern now is focused on one traditional weapon which is a symbol of war: the sword. I want to change it into a Sword of Peace.

For centuries, the sword has been a weapon and a symbol of superiority. Although the beauty of some kinds of swords is very attractive, the main purpose of a sword still was a tool for killing. Therefore the techniques of the majority of sword schools are based on fighting and killing techniques. In such environment, it is hard for the practitioners to really keep their mind to be peaceful. They often take the training for peaceful mind as for winning a superiority over the opponent in order to win. In fact they are preparing for war. Our society needs more real peaceful women and men. Peaceful people must find a way to be stronger than belligerent people. I created, many years ago, the Art of Peace Sword keeping in mind this guideline of thought.

### WHAT IS CHI-KIEM, THE ART OF PEACE WORD?

This discipline is an art for Peace. CHI-KIEM, Peace-Sword, is made of wood, which is the opposite of steel. Wood is a symbol of Peace. When fighting is needed Chi-Kiem techniques could prove to be very strong in counter-attack against a metal sword, still all trainings and techniques of Chi-Kiem are based on the purpose of Peace and good health. Peaceful mind, and peaceful life are the aims of Chi-Kiem. Physical development, technical skills, strategy building, inner energy training, mental training, all are guided by Peace Spirit. Chi-Kiem is NOT another school of sword, it is another way to consider the art of sword. CHI-KIEM is a new discipline: A way of Peace, Self-development, and Happiness.

WHAT IS THE BENEFIT OF PRACTISING CHI-KIEM? The practice of CHI-KIEM brings us joy, discipline, confidence, inner energy, and peace in life. CHI-KIEM makes us Strong and Happy.

The term of CHI-KIEM/PEACE SWROD is for short, the full name of this discipline is VIET-CHI-KIEM: The Ultimate Sword for Peace.

THE MOTTO of Chi-Kiem is: **HONOR and VISION**

In another chapter we will show details on the dimensions of Chi-Kiem sword and a practical way to make oneself a training sword of Chi-Kiem. (*To be continued on the next issue*)